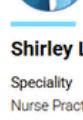


## Follow-up with purpose – using PROMs to reveal hidden care gaps



Shirley Lockie

**Specialty**  
Nurse Practitioner & Surgical Assistant

**Location**  
Dr Phil Lockie's Rooms  
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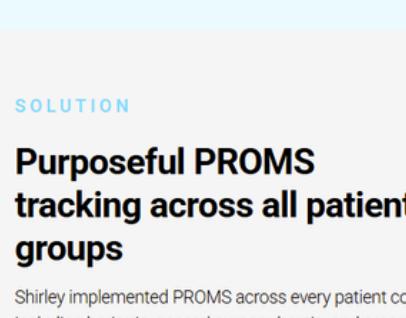
PROMs don't just tell us how surgery went, they show us where patients need more care, even when everything looks fine on paper.

## CHALLENGE

### Knowing outcomes isn't enough, understanding recovery is critical

Shirley plays a central role in a busy general and bariatric surgery practice, managing patient triage, peri-operative care, and a dedicated metabolic clinic. With over 20 years of experience, as a surgical assistant, she understands that surgical success doesn't end at discharge, it continues through recovery, rehabilitation, and follow-up.

Despite strong clinical outcomes, patient engagement post-surgery remained a challenge. Like many practices, Shirley found that patients were often slow to raise concerns, uncertain about whether symptoms were "normal," or disengaged from follow-up questionnaires altogether. Some patients assumed electronic questionnaires were spam, leading to lower response rates and missed opportunities for early intervention.



The practice operates across multiple private hospital sites, each with different theatre schedules and ward environments. While no major clinical issues had been identified, there was limited visibility into how recovery experiences compared between sites, particularly for emergency patients, who often require closer post-operative monitoring.

Without a structured, centralised way to capture patient-reported outcomes, subtle patterns in recovery, ward-level support, and post-discharge care risked going unnoticed.

## SOLUTION

### Purposeful PROMs tracking across all patient groups

Shirley implemented PROMs across every patient cohort, including bariatric, general surgery, hernia, and emergency cases. PROMs links are sent via SMS following patient acceptance and reinforced during peri-operative conversations, helping patients understand why their feedback matters.

Patients are automatically followed up, with Shirley actively monitoring responses and reminders sent through practice software to encourage completion. Training from the SurgicalPerformance team ensured the workflow was embedded smoothly into daily practice.

Importantly, PROMs weren't treated as a passive data collection exercise. They became an active clinical tool, guiding follow-up, prioritising outreach, and shaping how care was delivered after discharge.



We're not just following up because we should – we're following up with purpose.

#### Results: Clear insights into recovery, care quality & where to act



Emergency patients consistently required the most follow-up care



Bariatric patients were recovering exceptionally well



Hernia patients were largely progressing as expected

Most notably, Shirley identified patients with the same operation raised concerns at different locations. Patients treated at a lower-volume surgical site consistently raised more post-operative questions than those treated at a higher-volume site. While no severe adverse events were identified, PROMs highlighted several areas that prompted timely clinical follow-up, including same-day phone calls and in-person reviews.



Whilst nothing life threatening, the recovery was different enough that we could intervene earlier and support patients better.

These insights helped the practice understand that recovery experiences can vary significantly depending on the care environment, even when surgical technique and surgeons remain the same.

## THEY LOVE

#### Favourite features.

- Red flag alerts highlighting patients who need immediate follow-up
- Trend visibility across hospital environments
- Structured follow-up intervals across validated surveys
- Scalable workflows across bariatric and general surgery
- Data-backed insights to inform audits, education, and care improvement

